

INTERNATIONAL SUMMER CAMP KARATE SHINKYOKUSHINKAI 26-29.08.2021 · KIELCE · POLAND

柔道真流



PERFECT WALL



POLISH FEDERATION KARATE SHINKYOKUSHINKAI SCHUDELE OF THE CAMP - KIELCE 2021

26.08.2021 THURSDAY

- 11:00 – 15:30 Arrival accommodation
- 16:00 – 18:00 I training
- 18:30 Dinner
- 20:00 – 21:30 II training - large hall
- 20:00 – 21:30 Preparation for the exam kyu/dan

27.08.2021 FRIDAY

- 07:30 – 08:30 III training - a large hall
- 07:00 – 08:30 Preparation for the exam kyu/dan
- 08:45 Breakfast
- 10:30 – 12:30 IV training
- 13:00 Dinner
- 16:00 – 18:00 Meeting of the PFKS Board
- 16:00 – 18:00 V training
- 18:30 Dinner
- 19:45 – 21:15 VI training - large hall
- 19:45 – 21:15 Preparation for the exam kyu/dan
- 21:30 Clubs chiefs meeting

28.08.2021 SATURDAY

- 07:30 – 08:30 VII training - a large hall outside or depending on the weather
- 07:00 – 08:30 Kyu exam
- 07:00 – 08:30 Dan exam +40
- 08:00 / 08:45 Breakfast
- 10:00 – 12:00 VIII training
- 10:00 – 13:00 Dan exam
- 13:00 Dinner
- 14:30 – 16:00 IX training - II group - large hall
- 16:00 – 18:00 Kumite exam
- 19:30 Sayonara

29.08.2021 SUNDAY

- 08:00 Breakfast
- 09:30 – 11:00 X training
- 12:00 Dinner
- 13:00 Departure

Please note: arrival, registration and training place – MOSiR Kielce, STR. Ściegiennego 8

OSU!